



Cricket scheme skills and progressions YR to Y2

Skills Covered:

Fielding basics, long barrier, under arm + over arm throw, underarm + straight arm bowl, batting basics,

EYFS Progressions

- Stop a ball that's rolling towards you from a partner then return the ball rolling it back to your partner – large ball to start moving to tennis ball - close – increase distance – low and high
- Throw the ball with some accuracy under arm and over arm from a balanced position – large targets – small targets – small distances – long distances – standing still – on the move
- Bowl underarm using basic technique – standing still
- Hit a ball off a tee with a bat accurately – into areas or targets at close then longer distances

Year 1

All the EYFS progressions and skills need to be established then move onto

- Catch a ball with one or two bounces thrown to you from a partner then throw back with partner catching the ball with same number of bounces. Shuttle cock then large ball to moving to tennis ball - close – increase distance – low and high throws



- Stop a ball that's rolling towards you using the long barrier from a partner then return the ball rolling it back to your partner – large ball to start moving to tennis ball - close – increase distance – low and high
- Get into position to catch without a bounce -use shuttle cocks to begin as gives time to get into position then move onto large soft balls then tennis balls – increase height – increase distance
- Bowl using a straight arm and a step – small to longer distances / progress to star-to-star technique / hit large targets then move onto smaller
- Hit a ball off a tee with a bat accurately and with power – into areas or targets at close then longer distances

Year 2

All the Year 1 progressions and skills need to be established then move onto

- Bowl using star-to-star technique moving onto walking – jogging – running in to bowl at the wicket
- Hitting the wicket with one bounce when bowling
- Fielding the ball on the move and throwing back to a teammate with accuracy – short – long distances – walking – jogging – running
- Facing a ball being bowled at you and defending the wicket with the bat